

Med Sessions

Cornish antipasti board to share (NCGO, NF)

Duchy charcuterie cured meat selection | Davidstow mature cheddar
Cornish Blue cheese | Cornish marinated olives | Balsamic pickled onions
Sun blushed tomatoes | Marinated artichoke | Roquito peppers | Baker Tom's
focaccia

Eden antipasti board to share (NCGO, V, NF)

Davidstow mature cheddar | Cornish Blue cheese | Roasted red pepper and harissa
hummus

Cornish marinated olives | Balsamic pickled onions | Marinated artichoke
Sun blushed tomatoes | Roquito peppers | Baker Tom's focaccia

Plant based antipasti board to share (NCGO, VG, NF)

Roasted red pepper and harissa hummus | Cornish marinated olives
Balsamic pickled onions | Marinated artichoke | Sun blushed tomatoes | Stuffed
vine leaves
Eden grown rosemary infused vegan feta | Vegan cream cheese rolled in herbs
Roquito peppers | Baker Tom's focaccia

Eden's seafood paella (NCG, DF, NF)

Mussels | Langoustines | Chicken | Beal's Farm Cornish chorizo | White wine |
Saffron

Mediterranean lamb stew (NCGO, NF)

Golden couscous | Crispy onion | Harissa yoghurt

Eden vegetable and chickpea tagine (NCGO, VG, NF)

Golden cous cous | Crispy onion | Harissa yogurt

Strawberry semi freddo (NCG, VG, NF)

Strawberry and Eden grown mint salsa | Cracked black pepper shortbread crumb |
Strawberry gel

Dark chocolate and cherry delice (NCG, VG, NF)

Cherry gel | Chocolate soil | Kirsch cherries

NCG-Gluten Free DF-Dairy Free NF-Nut Free VG-Vegan V-Vegetarian O- Option
available on request